

BAROSSA AUSTRALIA MENTAL HEALTH FIRST AID TRAINING

Are you working in the wine industry and/or visitor economy?

Do you have an interest in attending mental health first aid training to identify and assist those that may be experiencing issues with mental health?

Course participants learn about the signs and symptoms of common and disabling mental health conditions and how to use a systematic approach to effectively assist those who are experiencing a mental health crisis.

It also covers strategies that have been proven to be effective in treating and managing mental health conditions, as well as how and where to access professional help.

APPLY NOW | 18 PARTICIPANTS
TRAINING HELD AT THE BAROSSA CELLAR
NOVEMBER 13-14, 2023

